

Fast 5's and U14 Alpine Coach

2023-2024 Winter Season

The Brighton Ski Team (BST) is a non-profit organization that provides alpine ski race training and competition opportunities to young skiers (5-15 years old). We support long-term athlete development in an environment that cultivates the skills athletes need to be healthy and fierce competitors - including technical, tactical, physical, mental, and social-emotional skill development.

We are proud to offer a warm and supportive team culture that fosters athletes confidence, joy, and a lifelong love of skiing.

Position Overview:

Fast 5's and U14 Alpine Coaches are responsible for contributing to the design of the Fast 5's U14 training program, implementing those training programs, and developing athletes through a comprehensive alpine ski racing program. Fast 5's and U14 Alpine Coaches may also participate in the review & revision process of this age group program from year to year.

BST programs are based on a long-term-athlete-development model consisting of the following domains: student-athlete development, physical fitness and nutrition, technical and tactical, mental and social including academic-athletic support and balance, equipment, and competition. Further, Fast 5's and U14 Coaches work closely with the Program Director, the Alpine Development Director, the Board, and other Coaches to foster alignment, and optimal participation and performance, throughout the entire BST Alpine Program.

The Fast 5's and U14 Head Coaches report directly to the Program Director and Alpine Development Director.

Attributes:

- Must be able to lift and carry up to 50 lbs. on a frequent basis.
- Must be able to maneuver and work on steep and uneven, mountain-like terrain and often-inclement weather.
- Ability to work under pressure, with capacity to organize, prioritize and manage complex projects and processes.
- Strong project management skills and ability to ensure consistency of programming and processes through proper written documentation.
- Strong knowledge, experience and current professional credentials related to alpine skiing and competitive race programming and training.
- Skilled at troubleshooting, paying close attention to details and actively managing timelines and deadlines.
- Ability to be a strong team player with proven leadership skills, including effectively delegating, managing staff and volunteers, and overseeing the business plan of the Fast 5's /U14 alpine program and how it fits into the business plan of the club.

- Must possess excellent relationship and communication skills, in order to work closely with coaches/parents/athletes and community partners. Primary Responsibilities Alpine Program
- Act as on-hill coach for the Fast 5's/U14 program.
- Implement comprehensive, age-appropriate programming for alpine athletes.
- Implement a consistent, documented, alpine curriculum.
- Manage all aspects of alpine training, competition, and travel. Help coordinate and oversee all athlete management plans for athletes. Coordinate consistency in BST alpine programs across all age groups.
- Monitor, with Program Director and Alpine Development Director coach training, professional development and mentoring for other Fast 5's or U14 staff.
- Integrate all necessary domains of Fast 5's and U14 athlete development: Physical – appropriate warm-ups, training duration & intensity. Technical and tactical – detailed on hill programming and progression. Mental and social – goal setting, mindset, mental skills, academic/other responsibilities, team social dynamics. Equipment – review and coordinate all athlete equipment, preparation, maintenance, testing and ordering.

Competition plans:

- Oversee consistent and regular Fast 5's/U14 athlete evaluation processes, including on-hill skill assessments.
- Oversee consistent and regular communication and education with Fast 5's/U14 athlete families.
- With Alpine Program and Race Director and all alpine coaches, ensure all venues are managed for optimal alpine training and competition for all levels of the program.

Alpine Races and Venues:

- Support coordination of all Fast 5's/U14 competition and travel schedules.
- Support set up and break down for BST hosted races.
- Coordinate appropriate staffing for all races, competitions, and events (both home and away).
- Help manage and staff appropriate BST hosted races

Equipment:

- Help maintain BST equipment with appropriate utilization, transportation, and storage.
- Help plan for purchase of new equipment as necessary.
- Help repair and maintain equipment as necessary. Communications, Community, and Club
- Develop and maintain consistent, professional, educational, and supportive communication structures with staff, parents, and the community concerning the Fast 5's/U14 alpine program and races.
- Help maintain all community and strategic partner relations necessary for the success of the alpine program – especially Brighton Resort.

- Support parent education efforts and lead those efforts specific to the Fast 5's/U14 alpine program.
- Assist with all club events as appropriate.

Other General Requirements:

- The Fast 5's and U14 Coach positions are part-time with some year-round responsibilities.
- The Fast 5's and U14 Coaches must maintain current U.S. Ski & Snowboard and other appropriate professional credentials and is expected to pursue continuing education and professional development.
- The Fast 5's and U14 Coaches must maintain high personal and professional standards and relations at all times when representing BST.

Compensation & Benefits:

- Salary will depend on experience, level of certification, and the number of days coached
- Brighton Resort Season Pass
- Reimbursement for USSS coaching membership
- In-house professional development that will support pursuit of USSS coaching certification Applicants may email a resume to: brightonskiteam@hotmail.com If applicants have questions, please contact BST Program Director Drew Southworth by phone or email: 801-350-1551, brightonskiteam@hotmail.com